



# Stanway Villa Youth Football Club - Safety briefing

The aim of this document is to prevent the spread of infection from Covid-19 to players, coaches, volunteers and parents at football training sessions and matches.

Prepared by the COVID-19 officer	Date:	Assessed by Chairperson	Date:	Approved by full committee.	Date:
Stephanie Larking	2/12/20	P. Beales		A. Longman	

This document comprises of a full risk assessment, and a code of behaviour.

**This document has been approved by all members of Stanway Villa Youth Football Club.**

This assessment follows The English Football Association and Public Health England advice and guidance and combined with good training practice and a common-sense approach aims to support players to feel safe and happy.

**All parents/carers/players will be given a copy/access to this document.**

**Managers should keep a hardcopy of this document with them on match days, to show the referee or opposition, upon request.**

*No player or coach will be judged, or disadvantaged should they choose to opt out of training and their choice will be respected.*

### Risk Assessment

Activity	Risk	Who might be harmed	Steps to prevent harm	Further steps	RAG	Action by whom
<p><b>Symptomatic attendees and COVID-19 self-assessment</b></p>	<p>Risk of spreading the virus.</p>	<p>Coaches, Players, Parents/Supporters.</p>	<p>In line with current Government guidance, all participants (players, coaches, club and match officials, volunteers, spectators etc.) should check for symptoms of Covid-19. If an individual is symptomatic and/or living in a household with a possible Covid-19 infection they should remain at home and follow Government guidance.</p> <p>In addition, any participants who have been asked to isolate by NHS Test and Trace because they are a contact of a known Covid-19 case, must not exercise outside their home or garden and must not exercise with others.</p> <p>All players, officials, volunteers and spectators must undergo a self-assessment for any Covid-19- symptoms. No-one should leave home to participate in football if they, or someone they live with, has any of the following:</p> <ul style="list-style-type: none"> <li>• A high temperature (above 37.8°C);</li> <li>• A new, continuous cough;</li> <li>• A loss of, or change to, their sense of smell or taste.</li> </ul> <p>This check should be done before each training session and must be recorded in regular risk assessments and it is important to note that no training session should take place without this having been done.</p>	<p>Each manager to clearly share this message with players and parents.</p> <p>If anyone develops symptoms after attending training or a match, they must report to the coach who will report to the committee.</p> <p>Any player displaying symptoms will be asked to leave the session.</p> <p>Each manager to keep his own record that checks have been completed prior to each session taking place.</p>	<p>Red</p>	<p>Parents, players, coaches, CWO</p>

<b>Ability to Test and Trace</b>	Spreading of the virus.	Players, parents and coaches.	NHS Test and Trace poster with QR code will be displayed outside tea room & changing rooms at Villa Road. Each SV manager will have a personal laminated copy for use at Clairmont and Shrub End (to be left at an agreed place to minimise handling).	Home and Visiting spectators and Referee to be advised to scan on arrival using NHS Track and Trace App.  Manual records to be kept for anyone not able to use App (each manager to be responsible for his own team)	Green	Coaches.
<b>Players not adhering to the 2m social distancing before, during a break or after training.</b>	Spreading of the virus.	Players/coaches and spectators if physical contact is made and or moving too close.	Instruct group in advance of session of the expectations.  Remind at each session.	Stop training if social distancing is not adhered to.	Green	Players, coaches and spectators
<b>Attending to someone injured or hurt.</b>	Spreading of the virus.	Players and coaches if physical or close contact is necessary.	If a participant gets injured, a member of their household should assist if present and appropriate, and others (including match officials and teammates and coaches) will still need to socially distance unless a life- or limb-threatening injury necessitates compromising guidelines to provide emergency care.  If there is a first-aider or other medical personnel present, they should be equipped with the appropriate PPE (including face coverings) to protect themselves and others if they need to compromise social distancing guidelines to provide medical assistance.  After contact with an injured participant, the person who has administered first aid should clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity.  This advice is applicable to all situations, regardless of whether there was close contact or social distancing was maintained.  The first aider should also avoid touching their mouth, eyes and nose.	First aid kits to be replenished and ensure gloves; medical mask, alcohol hand sanitiser and tissues are included.  Any first aid incidents to be reported to Club Secretary, by way of Club Accident Form.	Amber	Players, coaches, parents

			Call emergency contact if the casualty is the coach.			
<b>Safeguarding of players - Children and young people whose health and wellbeing may have been impacted by COVID-19</b>	Mental wellbeing.	Players	Coaches to be mindful that for some children and young people lockdown will have been a stressful and anxious experience and may have even experienced bereavement.  Coaches, players and parents should be familiar with the CWO and how to report concerns or seek support if needed.	All coaches should re acquaint themselves with safeguarding policies  Coaches to look for changes in players that might indicate they have been affected.  The CWO will talk to parents about access to support if any family is experiencing difficulties.	Green	Players Coaches CWO
<b>Travel</b>	Travelling to training/matches – car sharing.	Parents, children.	All participants and other attendees should always follow best practice for travel and aim to walk or cycle if possible. Where that is not possible, you can use public transport or drive, but should avoid travelling with someone from outside your household or support bubble unless you can practise social distancing.  <b>In Tier 2 areas:</b> you should aim to reduce the number of journeys you make, where possible.	<i>The following info is taken directly from the <a href="http://www.gov.uk">www.gov.uk</a> website:</i>  <b>In a tier 2 area,</b> car sharing is not permitted with someone from outside your household or your support bubble unless your journey is undertaken for an <a href="#">exempt reason</a> .	Green	Coaches and parents.

<b>Hygiene</b>	Risk of cross contamination and spread of the virus.	Parents, players, coaches.	<p>All players, parents and coaches must wash their hands before coming to training and <b>provide their own</b> alcohol based antibacterial sanitiser.</p> <p>Toilets will be open for emergencies, where possible.</p> <p>Ensure hands are washed after use. Toilet to be kept clean: if a member of the team has used the toilet please ensure toilet sprayed with cleaning products to ensure cleanliness</p> <p>No physical contact (high fives, hugs etc)</p> <p>Everyone should refrain from spitting</p>	<p>Regular reminders to wash/anti bac hands.</p> <p>Always wash hands and ensure any toilets used are left clean.</p> <p>Coaches to remind players about sneezing and coughing into tissue or upper sleeve where possible.</p> <p>Players to only use their own water bottle.</p> <p>Mark out 2m apart for each water bottle area for water breaks.</p>	<b>Amber</b>	<p>Parents at home. Coaches at training.</p> <p>Coaches, players and parents.</p>
<b>Arrival and departure at Venue</b>	Space needs to factor in 2m social distancing. (Avoiding pinch points on entry and exit)	Coaches, players, parents.	<p>Staggered start times.</p> <p>Agreed drop off/collection point to be communicated by coaches to parents.</p>	<p>Route into training area to be clearly defined.</p> <p>Parents not to enter the training area.</p>	<b>Green</b>	Committee, coaches, players and parents.
<b>Format of training session/matches</b>	Players/coaches/parents not observing 30 persons training together and 2m social distancing prior to, during breaks and after training or matches increases risk infection.	Players, coaches, volunteers, parents.	<p>Ensure that training sessions are limited in accordance with FA Guidelines.</p> <p>Competitive training can take place for all participants, in an outdoor setting provided this takes place in groups of no more than 30 (including coaches). Ensure that if there are multiple groups at the location, there is enough space to keep the groups a suitable 2m distance apart.</p> <p>In all settings before and after the session, and in any breaks, all participants should practise social distancing, in line with Government guidelines on two metres or 'one metre plus'.</p>	<p><u>Covid-19 modifications in matches and training</u></p> <ul style="list-style-type: none"> <li>• Post-match handshake should not happen.</li> <li>• Team talk huddles should not take place. Team talks can take place, as long as social distancing is observed and held outdoors</li> <li>• Warm-ups/cool-downs should always observe social distancing.</li> <li>• Coaches, and substitutes are allowed, but must also always observe social distancing on touchlines. Social distancing must also be observed during interactions when a substitution is being made.</li> </ul>	<b>Amber</b>	Committee, Coaches, Players

			<p>Coaches must ensure the ratio of coaches to children is appropriate, and ensure there are always 2 coaches that hold a FA DBS present.</p> <p>Competitive match play is now permitted, however, in all settings before and after matches all participants should practise social distancing.</p> <p>Youth football coaches are encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball) and provide regular hygiene breaks in activity.</p> <p>The nature of football means that the ball is not frequently handled. When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. Where there are breaks in the game, or training, if throw-ins or handling has occurred the ball should be disinfected</p> <p>There is an additional risk of infection in close proximity situations where people are shouting or conversing loudly. If possible, players should therefore avoid shouting or raising their voices when facing each other during, before and after games. This is included within The FA's Code of Behaviour</p>	<ul style="list-style-type: none"> <li>● Set plays – free kicks: referees and coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls.</li> <li>● Set plays – corners should also be taken promptly to limit prolonged close marking and goal posts should be wiped down before matches, after matches and at half time.</li> <li>● Goal celebrations should be avoided;</li> <li>● Interactions with referees and match assistants should only happen with players observing social distancing.</li> <li>● Small-sided football should be modified to provide more regular hygiene breaks in activity.</li> </ul>		
<b>Use of equipment</b>	Risk of cross contamination and spread of the virus.	Players, coaches	<p>Where equipment is shared, it must be cleaned before use.</p> <p>Participants should take their kit home to wash themselves, rather than have one person handling a large quantity of soiled materials.</p>	<p>Coaches to ensure they have a suitable supply of anti-bac wipes and spray for the cleaning of equipment.</p> <p>Each team to supply their own assistant referee with a flag. Should the opposing assistant referee require a flag at a home match it must be sanitised before and after use.</p>	Green	Coaches, players.

			<p>Where kit absolutely has to be shared or kept together (e.g. last-minute stand-in players, shortage of kit, or an essential club function), each person handling it must wash or sanitise their hands immediately after and appropriate cleaning arrangements for the kit must be made.</p> <p>All equipment to be fully sanitised before and after use.</p>	Coaches are encouraged to maintain a record of the regular cleaning of club or team equipment that players use, and review the risk assessments you undertake in between sessions, learning from any changes you need to apply.		
<b>Spectators and Social distancing</b>	Spreading of the virus.	Parents/supporters	<p>Supporters, parents, and other spectators should remain socially distanced whilst attending events.</p> <p>Spectator groups must be restricted to discrete six person gathering limits and spread out, in line with wider Government guidance, ensuring space for officials, coaches and substitutes.</p>	Signage to be displayed where possible, reminding of the need to socially distance.	Green	Players, coaches, spectators and Committee
<b>Using cash</b>	Spreading the virus	Coaches, parents and referees	The use of cash is to be kept to an absolute minimum, and BACS/electronic payment to be used where possible.	<p>Encourage parents to pay subs by BACS</p> <p>If referees would like payment by cash ensure it is enveloped and passed with minimum contact. Receipts to still be obtained, however encourage ref to use his/her own pen.</p>	Green	Coaches



## CODE OF BEHAVIOUR

COVID-19 IS A HIGHLY INFECTIOUS AND DANGEROUS DISEASE. EVERY PARTICIPANT MUST FOLLOW ALL FA AND GOVERNMENT ADVICE. THIS IS CRUCIAL TO ENSURE THE SAFETY OF EVERYONE INVOLVED IN THE GAME, AND SO WE CAN CONTINUE TO PLAY. ANY INCIDENTS OF NON-COMPLIANCE WILL BE REPORTED TO ESSEX COUNTY FA FOR ACTION.

A resumption of contact play is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection. Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced. Each player will need to decide when to return to contact football, based on their own circumstances and the arrangements that have been put in place for a safe return. This is particularly the case for players from BAME communities or those with underlying health conditions. All those returning to competitive grassroots football must adopt the following code of behaviour:

- **Be aware of your own personal health.** If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.
- **Be responsible.** Read the guidance provided by The FA and by your club so that you are aware of the changes to the game and what is expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle and being aware of changes to meet-up times.
- **Practise good hygiene.** Wash your hands regularly and before, during and after a game.
- **Maintain social distancing.** This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain social distancing.
- **Face coverings.** Unless you have an exemption, face coverings are mandatory for all staff in retail/hospitality outlets (e.g. a clubhouse). This also applies to users of the facility, except when seated at a table to eat or drink.
- **Support NHS Test and Trace.** You will be asked to provide your details so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone's benefit so please co-operate.
  - **Do not spit.** Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players.
- **After the game.** Be aware that other users may be waiting to use the facilities. Follow all advice if using changing rooms and showers.